



Yoshin Ryu Jujitsu

ADVANCED BROWN BELT(LEVEL 1)

SWORD DRILLS

Demonstrate 6 Count Drill (Short and Long)
Apply Foundation Kicks With Disarm Traps

STRANGLE

Demonstrate From 7 Angles

THROW

Foot Leg Lever

ESCAPE

Finger Lock

HOLD DOWNS

Scarf Hold Straight Armbar
Cross Hold Bent Armlock

GRAPPLING LOCKS

Cross Armbar (Face Down)
Calf Lock
Ankle Lock

GRAPPLING STRANGLES

Front Scissors
Rear Entanglement

**DEMONSTRATE EVASIVE MANEUVERS FOR MODERN
GRAPPLING COMBAT**