



Yoshin Ryu Jujitsu

1st DEGREE BLACK BELT

TRADITIONAL THROWS

Sweeping Hip Throw Inside Reap
Shoulder Throw Circle Throw Valley Drop

MODERN THROWS

Sweeping Hip Throw Inside Reap
Shoulder Throw Circle Throw Valley Drop

EVASIVE MANEUVERS FOR MODERN THROWS

(All evasive maneuvers from modern throws!)

Riding Throw Corner Dash Throw
Block / Strangle Block / Follow Down Inside Reap

DEMONSTRATE COMBAT ESCALATION

Two Hand Push One Hand Touch
Strike Weapon Attack

DEMONSTRATE_(fighting)

Kumite Randori Shiai Stick Knife

DEMONSTRATE YOSHIN RYU JUJITSU AGAINST

Kumite Randori Shiai
Stick Fighting Knife Fighting
Boxing Wrestling